Ohio Suicide Prevention Foundation

www.ohiospf.org

Connecting for Life

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“The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy”

Martin Luther King, Jr.

Community

"The work of suicide prevention must occur at the community level, where human relationships breathe life into public policy."

David Satcher , MD. PhD
Sixteenth Surgeon General

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Connecting for Life

Mission: To promote suicide prevention as a public health issue and advance evidence-based awareness, intervention and methodology strategies which will support all Ohio-based suicide prevention efforts.

Vision: To provide suicide prevention organizations information and resources, raise awareness, eliminate stigma, and increase help-seeking behavior for all Ohioans.

The Challenge

- Suicide is the 10th leading cause of death for Ohioans
- Roughly 1,400 Ohioans died by suicide each year
- 90% of suicide completions are by persons with an undiagnosed or under treated mental illness and/or substance use disorder
- People with serious mental illness die 25 years earlier than the general population
- Ohio's average annual medical cost for suicide is $3,879,185 and work loss costs are $921,766,767 per year (per CDC)
- Limited state and federal funding dollars and increased completion for the same dollars

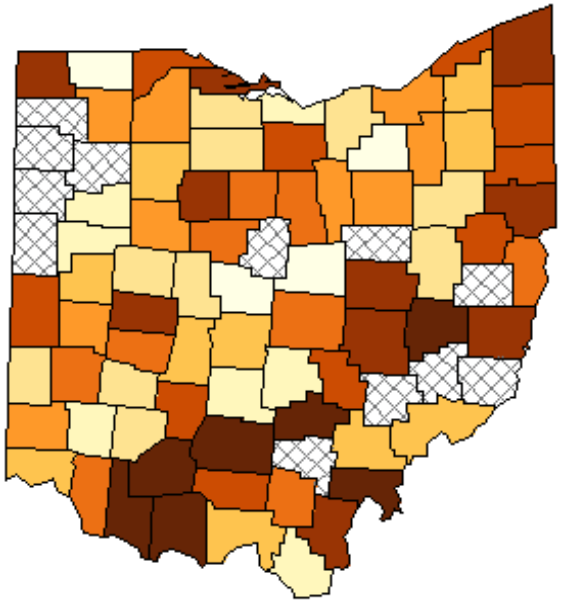
2000-2006, Ohio

Death Rates per 100,000 Population

All Injury, Suicide, All Races, All Ethnicities, Both Sexes, All Ages

Annualized Crude Rate for Ohio: 10.82

Ohio Estimated Average Annual Medical Costs of $3,879,185 and Work Loss Costs of $921,766,767



Suppressed/undefined	4.94-8.13	8.14-9.25	9.26-9.89
9.90-10.46	10.47-11.26	11.27-12.18	12.19-12.88
12.89-14.53	14.54-22.06		

Reports for All Ages include those of unknown age.

* Rates based on 20 or fewer deaths may be unstable. These rates are suppressed for counties (see legend above); such rates in the title have an asterisk.

Medical and work loss cost estimates are expressed in year 2005 dollars.

Cost estimates are not comparable across states; county-level cost estimates should only be used for comparisons within this state.

Produced by: Office of Statistics & Programming, National Center for Injury Prevention & Control, CDC

Data Sources: NCHS National Vital Statistics System for numbers of deaths; US Census Bureau for population estimates.

OSPF Progress	SFY 09	SFY 10	SFY 11
Expand the number of New County Suicide Prevention Coalitions and provide technical assistance to them	5 new coalitions covering 6 counties	4 new coalitions covering 6 counties	Bring up last 8 counties in 5 coalitions
Mini-Grants provided to established coalitions to continue implementation of AIM Strategy	Coalition development & 36 mini-grants were given for a total of $91,360	Coalition development & 47 Mini-grants were awarded for a total of $90,000	To date 27 mini-grants awarded with hope for total awards of $90,000
Provide annual trainings and conferences for suicide prevention coalitions and survivors of suicide (OSPF consumers)	12/3/08 5th Annual Conf. Survivors of Suicide Conf. in Cleveland 4/09	12/2/09 6th Annual Conf. Survivors of Suicide Conf. in Cambridge 6/30/10	12/1 & 2/10 7th Annual Conf. Survivors of Suicide Conf. to be 5/5/11 in Cincinnati

SFY 03, SFY 04, SFY 05, SFY 06, SFY 07, SFY 08, SFY09, SFY 10 & SFY 11 Suicide Prevention Coalitions Funded bv Ohio Suicide Prevention Foundation/ODMH

Additional OSPF Accomplishments

- OSPF Annual Conference Highlights:
  - ‘09 emphasized Cultural Competency and featured Dr. Rita Walker & Dr. Joseph Hovey
  - ‘10 highlighted suicide prevention research and featured Dr. David Applegate, Dr. John Campo & Dr. Jeff Bridge
  - ‘11 stressed new theories in suicide prevention, featuring Dr. Thomas Joiner and Elaine Frank
  - ‘’12 featured Dr. Frank Campbell discussed postvention and creation of Loss Teams, Dr. Sean Joe discussed suicide prevention and the impact on African Americans youth and Dr. John Draper discussed that National Lifelines Initiative-1-800 273-TALK (8255)
- OSPF Survivors of Suicide Loss Conferences
  - Featured Dr. John Jordan and were hosted in Columbus, Cleveland, Cambridge and Cincinnati
  - These conferences provide survivors an opportunity for processing their grief, and offers solace and education about grieving as well as a ceremony for healing

OSPF Partnerships

- Partnership with Ohio Department of Health as a member of the Advisory Council for the Violent Death Reporting System
- Ohio National Guard/Ohio Cares—OSPF chairs suicide prevention sub-committee and is a member of the alcohol reduction sub-committee
- Partnership with Ohio Federation for Children's Mental Health and Kent State to produce a suicide prevention/resiliency video specific to Ohio's youth
- OSPF continues to work with the Ohio Supreme Court on Mental Health and Juvenile justice issues
- Member of the Coalition for Healthy Communities collaborative effort -- supporting and preserving mental health and AOD services for Ohioans
- Cyber-Bullying Legislation/OSPF led constituency group
- Ohio Children's Mental Health Visioning for the Future Committee Member

What is the Ohio Campaign for Hope?

- 3-year Youth Suicide Prevention Campaign funded by SAMHSA
- Focuses on youth ages 15 to 24 statewide
- Aims to expand suicide prevention awareness and education
- Targets educators, military families and other adults working with high risk youth populations including: youth in foster care, LGBT youth and youth in the justice system.
- Mobilizes the OSPF Network of 75 suicide prevention coalitions to help promote and implement the online Gate Keeper training
- Special focus on at-risk counties that have higher than average national and state youth suicide rates
- Promotes the strategies of the National Suicide Lifeline 1-800-273-TALK (8255)

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Our Goals

As a Result of Ohio's Campaign for Hope, all Ohio youth will have access to comprehensive suicide prevention resources

Specifically, the Campaign will:

- Increase the number of trained gatekeepers
- Increase the number of community based mental health service providers trained to assess, manage and treat at-risk youth
- Increase the number of youth identified as at-risk for suicide
- Increase the number of at-risk youth referred for behavioral health services
- Increase the number of at-risk youth receiving behavioral health services
- Increase use of National Suicide Prevention Lifeline

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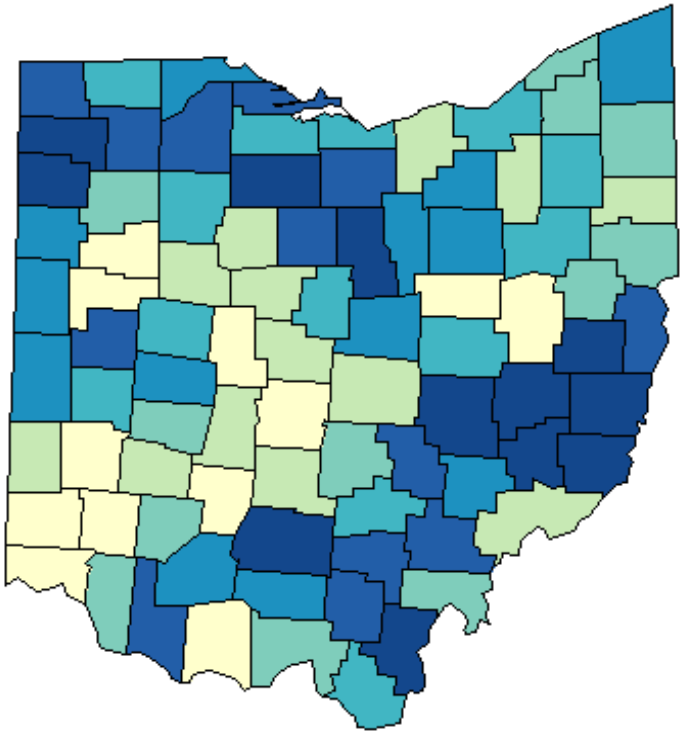
2000-2006, Ohio

Smoothed Death Rates per 100,000 Population

All Injury, Suicide, All Races, All Ethnicities, Both Sexes, Ages 12-24 Years

Annualized Crude Rate for Ohio: 8.12

26 high risk counties are: Belmont, Guernsey, Harrison, Jefferson, Monroe, Noble, Muskingum, Brown, Gallia, Highland, Pike, Jackson, Ross, Champaign, Defiance, Shelby, Van Wert, Mercer, Paulding, Huron, Wayne, Seneca, Morrow, Richland, Knox and Ashtabula



6.09-7.51 | 7.52-7.73 | 7.74-8.22 | 8.23-8.35 | 8.36-8.84 | 8.85-9.46 | 9.47-13.87

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Rates appearing in this map have been geospatially smoothed.

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Data Sources: NCHS National Vital Statistics System for numbers of deaths; US Census Bureau for population estimates.

Programs

We will Implement Evidence-based and Best Practice Programs

Specifically we will:

- Actively promote the National Suicide Prevention Lifeline
- Engage and mentor local mental health services organizations in youth suicide prevention
- Provide training to MH professionals in Assessing and Managing Suicide Risk (AMSR)
- Implement Columbia TeenScreen and Signs of Suicide curriculum in high risk counties
- Implement Kognito's *At-Risk for High School Educators* across the board

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Ohio Campaign For Hope - Output Measures

- >20,000 educators trained as gatekeepers
- 450 professionals trained in AMSR training
- 10,000 Ohio youth to complete Columbia TeenScreen and/or Signs of Suicide
- 2,500 Ohio youth will receive follow up and treatment by local mental health providers
- Increase use of National Lifeline website

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Websites for Additional Information

- Ohio Suicide Prevention Foundation www.ohiospf.org
- Ohio Department of Mental Health
  www.mh.state.oh.us
- NMHA
  www.nmha.org
- National Institute of Mental Health
  www.nih.nimh.gov
- American Association of Suicidology
  www.suicidology.org

National Center for Injury Prevention and Control
www.cdc.gov/ncipc/wisqars

- Suicide Prevention Resource Center
  www.sprc.org
- Suicide Awareness/Voice of Education
  www.save.org
- American Foundation for Suicide Prevention
  www.afsp.org
- Suicide Prevention Advocacy Network
  www.spanusa.org
- Suicide Prevention Lifeline
  1-800-273-TALK
  www.suicidepreventionlifeline.org
- National Organization for People of Color Against Suicide
- www.nopcas.com

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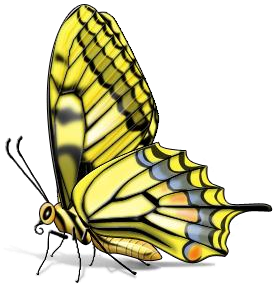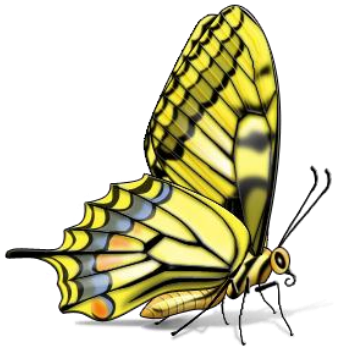
Restoring Hope and Connecting for Life